

Medication Management - Central Sympatholytic

Take this medicine to...

- treat high blood pressure.

It lowers your blood pressure by relaxing and widening (dilating) your blood vessels.

Precautions:

- Take it with food to avoid an upset stomach
- Take it at the same time(s) each day.
- You may become dizzy and fall (postural hypotension). Get up slowly and hold onto something!
- Tell your doctor if you are nursing a baby.
- Tell your health providers and dentist every medicine you take, including vitamin, supplements, herbs, and over-the-counter medicines.
- Check your blood pressure at least every 3 months, more often when it is not at goal.
- If you miss a dose you may take it if at least ½ the time to the next dose is left. Don't double up to catch up, that may cause problems.

Report side effects or other health problems to your doctor!

Common side effects include...

- Dizziness
- Dry mouth
- Headache
- Sleepy
- Tired
- Dry eyes
- Hard bowel movements (constipation)
- Not hungry
- Stuffy

Serious side effects include...

- Chest pain
- Swelling in hands and feet
- Trouble urinating
- Rash (pruritus)
- Trouble breathing (shortness of breath)
- Yellow color in eyes

Medicines that interact central sympatholytics include...

- Beta Blocker
- Depression medications
- Cold medicines and decongestants