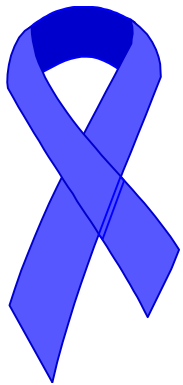


## Controlling your risk: Testicular Cancer Facts

- **Testicular cancer** is uncommon, occurring in 1 of 300 men over their lifetime.
- **Males** can develop testicular cancer at any age, including infants and elderly men.
- Early detection and treatment can mean cure.

### A man's risk of testicular cancer is higher ...



- Between the ages of 15 and 40.
- If he has ever had an undescended testicle.
- If a brother has had testicular cancer.
- If he has a condition called “multiple atypical nevi” (colored spots or moles found on the back, chest, abdomen and face).

**TSE** (testicular self exam) **and** **CTE** (clinical testicular exam by a medical provider) may save life and preserve health by finding cancer earlier.

If you are a male between the ages of 15 to 40 and have risk factors, talk with your provider.

**TSE** Check your testicles at the same time every month for...

- Lumps
- Skin changes
- Unexplained soreness

**Contact your medical provider** promptly (within 1 month) if you find an unexplained testicle change.

**CTE** Your provider may examine your testicles each year as part of your regular check-up.

