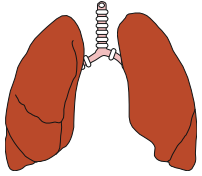


Controlling your risk: Lung Cancer Facts



Lung cancer is most often caused by tobacco smoke.

Different types of lung cancer respond to different kinds of treatment, including surgery, radiation and medications.

Your lung cancer risk goes up if you ...

- smoke tobacco.
- breathe second hand tobacco smoke.
- have high radon levels in your home (usually the basement) or at work (underground). Radon is an odorless, colorless, radioactive gas that occurs naturally in soil and in rocks like granite.
- have been exposed to asbestos, a mineral used in some industries. Asbestos fibers are very fine. Breathing them can damage your lungs.

Important lung symptoms may include...

- cough, chest ache or pain that lasts for a long time or is getting worse.
- coughing up blood.
- shortness of breath, wheezing, or hoarseness.
- frequent pneumonia or bronchitis.
- unexplained weight loss.
- being tired all the time.

These symptoms may occur in many lung and other conditions, including cancer. If you have any of these symptoms, talk to your medical provider promptly!

Lifestyle matters!



If you use tobacco, quit as soon as possible. Avoid second hand smoke.

Have your basement or work area tested for radon and other pollutants.