

# EZ-IO<sup>®</sup>

by **vidacare<sup>®</sup>**

## INTRASOSEOUS INFUSION SYSTEM

### DIRECTIONS FOR USE

**R<sub>x</sub>** CAUTION: Federal (U.S.A.) law  
restricts this device to sale by  
ONLY or on the order of a physician.

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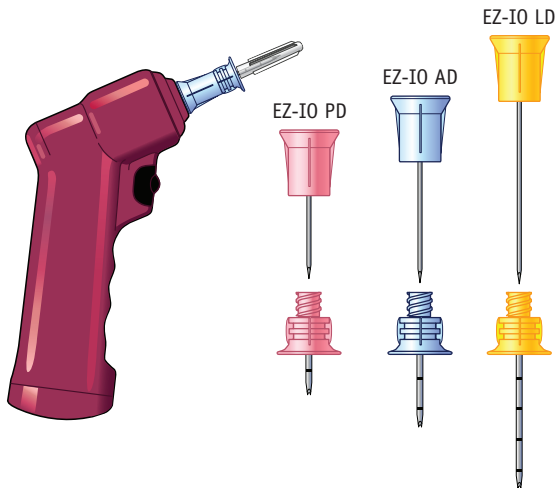
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EC REP

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## 1. EZ-IO® PD (3-39 KG), EZ-IO® AD (40 KG AND GREATER) AND EZ-IO® LD (EXCESSIVE TISSUE)

**DEVICE DESCRIPTION:** EZ-IO Needle Sets are comprised of a Safety Cap, a Stylet and a Catheter. When the Stylet is removed a standard Luer lock is exposed. Needle Sets are made of 304 Stainless and Catheters are 15 gauge. The EZ-IO PD is 15 mm, the EZ-IO AD is 25 mm and the EZ-IO LD is 45 mm in length. Needle Sets are provided sterile, non pyrogenic and in protective packaging. Needle Sets are intended for use with the EZ-IO Power Driver (Figure 1).



**EZ-IO Power Driver and Needle Sets (FIGURE 1)**

**INDICATIONS FOR USE:**

The EZ-IO Product System is indicated for immediate vascular access in emergencies.

**CONTRAINDICATIONS FOR USE:**

- Fracture
- Excessive tissue and/or absence of adequate anatomical landmarks
- Infection at the area of insertion
- Previous, significant orthopedic procedure at the site (IO in past 24 hours, prosthetic limb or joint)

**WARNINGS AND PRECAUTIONS:**

**CAUTION:** Use aseptic technique.

**CAUTION:** Check skin adipose and muscle thickness before insertion (See Figure 1).

**CAUTION:** 24 hour use only.

**CAUTION:** Single use only.

**CAUTION:** Do not recap Needle Sets or separated components.

Use biohazard and sharps disposal precautions.

**CAUTION:** Stylet and Catheter are **NOT** MRI compatible.

**STORAGE:** -20°C to 50°C (-4°F to 122°F).

**INSERTION STEPS:**

1. **BSI/PPE precautions.**
2. **Aseptic technique.**
3. **Locate insertion site.** (Figure 2, pg 4)
4. **Prepare insertion site.** (Figure 3, pg 4)  
*Tibial site shown for clarity.*

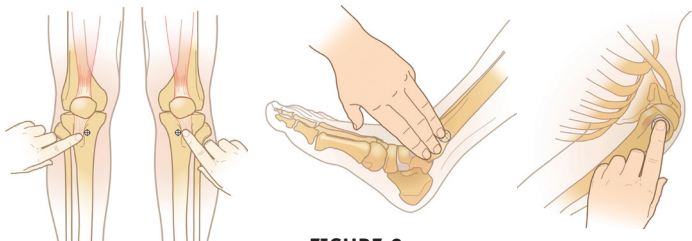


FIGURE 2

5. Prepare infusion system.
6. Ensure that the Driver and Needle Set are securely seated. (Figure 4)
7. Remove and discard the Needle Set Safety Cap from the IO Needle Set installed on the EZ-IO Power Driver. (Figure 5)

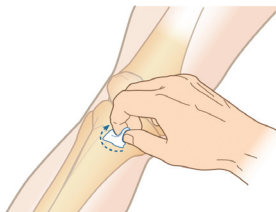


FIGURE 3

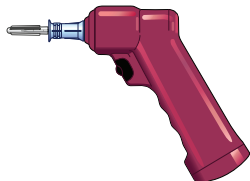


FIGURE 4

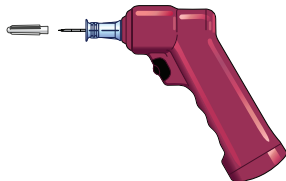


FIGURE 5

## 8. Insert EZ-IO Needle Set.

**IMPORTANT:** Do not touch the Needle Set with your hand or fingers

**IMPORTANT:** Control the patient's movement prior to and during Needle Set insertion.

- Position Driver at insertion site with Needle Set at a 90-degree angle to the bone. (Figure 6) **Gently** power or press Needle Set until Needle Set tip touches bone.
- Ensure at least 5 mm of the catheter is visible. (Figure 7)

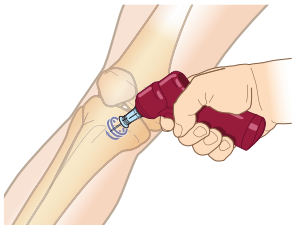


FIGURE 6

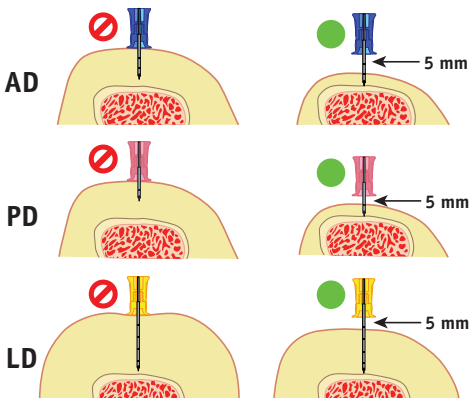


FIGURE 7

- c. Penetrate bone cortex by squeezing the Driver's trigger and applying **gentle, steady downward pressure**.
- d. Release Driver's trigger and stop insertion process when:
  1. A sudden "give" or "pop" is felt upon entry into the medullary space.
  2. The desired depth is obtained.

#### IMPORTANT:

Use gentle-steady pressure. **DO NOT USE EXCESSIVE FORCE.** Allow the Needle Set rotation and gentle downward pressure to provide the penetrating action.

**Note:** *If the Driver stalls and will not penetrate the bone you may be applying too much downward pressure.*

9. Remove Power Driver and Stylet.  
(Figure 8)

10. Confirm Catheter stability.

11. Attach primed EZ-Connect® extension set to Catheter hub's Luer lock. (Figure 9)

**DO NOT ATTACH A SYRINGE DIRECTLY TO THE EZ-IO CATHETER HUB**

12. Flush the EZ-IO catheter with 10 ml of Normal Saline.

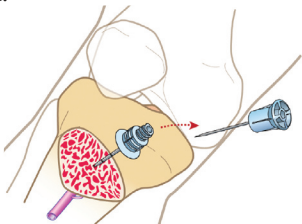


FIGURE 8

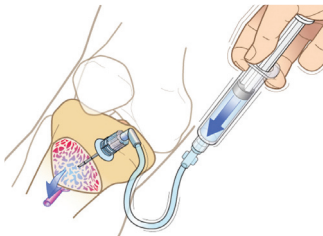


FIGURE 9

**IMPORTANT:**

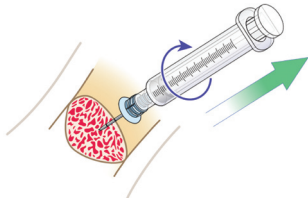
Prior to flush consider the aspiration of a small amount of blood to confirm placement.

- **Consider IO 2% Lidocaine (preservation free) for conscious patients prior to flush.**
- **NO FLUSH = NO FLOW** Failure to appropriately flush the EZ-IO catheter may result in limited or no flow. **REPEAT FLUSH AS NEEDED.**
- Once EZ-IO catheter has been flushed, administer fluids or medications as indicated.

**Note:** *Frequently monitor the insertion site for extravasation.*

**13. Apply dressing and EZ-IO wristband.****14. Remove catheter from patient.**

Attach Luer lock syringe, continuously rotate clockwise while slowly and gently applying traction to catheter. **DO NOT ROCK OR BEND THE CATHETER DURING REMOVAL.** (Figure 10)

**FIGURE 10**

Once removed, immediately place catheter in appropriate sharps container.

**15. Dress site as appropriate.**

**CAUTION: Do not leave the catheter inserted for longer than 24 hours.**

Education and training materials available at [www.vidacare.com](http://www.vidacare.com)

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