

Resources

Listed below are general resources related to the seven Community Health Visioning priorities. For a complete listing of resources available, contact:

Lisa Laflin, Community Building Coordinator, Healthy Community Coalition
(207) 645-3136 x 5103 or lflin@fchn.org

In addition, visit www.TheCommunityConnector.org to search a comprehensive collection of health and human service resources, volunteer opportunities, and associations available in Greater Franklin County.

Physical Activity

The Healthy Community Coalition has compiled a comprehensive physical activities resource guide. Visit www.fchn.org/hcc/activity to find out more. You can also access the guide thorough www.TheCommunityConnector.org. Contact Nate Morse, Healthy Community Coalition, (207) 645-3136 x5108 for more information.

Youth

The Healthy Community Coalition has compiled a comprehensive list of resources for youth in Greater Franklin County. Contact Nicole Ditata at 645-3136 x 5109 or Lisa Laflin at 645-3136 x 5103 for that information. Opportunities for youth are also available on line at www.TheCommunityConnector.org.

Nutrition

- ❑ Franklin County Cooperative Extension, 147 Farmington Falls Road, #2, Farmington 778-4650, www.umext.maine.edu/
- ❑ Healthy Community Coalition, Eileen Liddy, R.D., www.fchn.org/HCC/, 645-3136 x 5113
- ❑ Maine Nutrition Network, 295 Water St., Augusta, ME 04330, 626-5200, www.maine-nutrition.org/
- ❑ Western Maine Community Action, Cindy Brophy, Food Pantry Coordination, 20 Church Street, Wilton 645-3764

Access to Health Care

- ❑ For a complete listing visit: <http://www.fchn.org> or www.TheCommunityConnector.org

Economic Stability

- ❑ Androscoggin Valley Council of Governments, 125 Manley Rd, Auburn, 783-9186, www.AVCOG.org
- ❑ CareerCenter at Wilton, Rt. 2, East Wilton, Patty Ladd, Co-Manager 645-5800, www.mainecareercenter.com/
- ❑ Greater Franklin Development Corporation, Farmington, Alison Hagerstrom, Executive Director 778-5887, www.franklincountymaine.com

Tobacco/Substance Abuse

- ❑ Maine Tobacco Helpline 1-800-207-1230
- ❑ www.quitnet.com, www.champss.org, www.maineresistance.org, www.mainelyparents.org/.
- ❑ Healthy Community Coalition, Katie Marble 645-3136 x 5112
- ❑ Evergreen Behavioral Services, 131 Franklin Health Commons, Farmington, ME 04938 778-0035, 1-800-394-1900, Fax: 778-6879, Crisis Hotline: 1-888-568-1112
- ❑ New Directions, HealthReach Network, 475 Wilton Road, Farmington, Maine 04938, 778-6320
- ❑ PROTEA Behavioral Health Services, 347 Depot St., Wilton, Toll free 866-298-0897, 645-9806
- ❑ Tri-County Mental Health Services, 28 High Street, Suite 1, Farmington, ME 04938 1-800-559-3556, 778-3556

Environmental Issues

- ❑ Maine Environmental Policy Institute, www.meepe.org
- ❑ Maine Chapter - Izaak Walton League of America, Debi Davidson, President, P.O. Box 103, Livermore Falls, 897-6295, www.iwlamaine.org
- ❑ www.envirohealthaction.org