

# Results from the Visioning 2004 Survey

(450 respondents)

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## What town do you live in?

Farmington	104
Wilton	54
Jay	47
Livermore Falls	28
Phillips	19
New Sharon	15
Livermore	14
Chesterville	14
Rangeley	13
Vienna	12
Temple	12
Industry	11
Strong	10
New Vineyard	8
Avon	6
Carrabasset Valley	5
New Portland	4
Weld	4
Kingfield	4
Madrid	4
Salem	3
Fayette	3
Stratton	2
Coplin	1
Mt. Vernon	1
Washington Township	1
Other	48

**Mean number of years lived in town:** 22.7 years

**Mean age** 43.5 years

**Range** 8-87 years

## Gender

Male	30.3%
Female	69.7%

## What type of health care coverage/insurance do you have?

Private Insurance	67.3%
MaineCare	14.2%
Medicare	8.8%
Franklin Health Access	2.3%
None	7.5%

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### **What makes you most proud of your community?**

People helping people	21.9%
Friendly, personal	21.6%
Small town atmosphere	9.5%
Organizations/volunteers	6.9%
Community involvement	5.5%
Quiet safe environment	5.0%
Nature	3.7%
Schools	3.7%
Unpolluted clean environment	3.2%
Neighbors	2.9%
Other	16.1%

### **What are the two or three things that would make you feel healthier?**

Increase physical activity	65.7%
Improve nutrition	47.0%
Lose weight	27.4%
Illnesses, disabilities relieved	15.9%
Reduce stress	11.9%
Improved health care, dental care, insurance	10.0%
More sleep/rest	10.7%
Cleaner environment	4.0%
Quit smoking	8.0%
More community involvement or involvement in activities/hobbies	4.5%
More family time	3.5%
More health food stores	1.5%
Improved transportation	1.0%
Health information/education	1.0%
Reduce drinking	0.005%
More pharmacies	0.002%
Other	9.5%

### **What are the two or three things that would make your community a healthier place in which to live?**

Improve air/water quality (pollution from mills)	34.6%
Community center, exercise facilities	20.7%
More health services (pharmacies, doctors)	20.4%
More sidewalks, walking paths, parks	18.4%
Health information on exercise, nutrition	15.1%
Substance abuse/smoking	15.1%
Community services/involvement	11.1%
More opportunities for youth	10.3%
Safer streets, less traffic, more police	6.4 %
More jobs	5.9%
Better schools	5.6%
Fast food with healthy choices	5.3%

Improved/alternative transportation	3.4%
Health food stores, organic food	3.4%
Improved attitudes	3.6%
More services for elderly	2.2%
Less poverty	1.4%
Child care services	1.1%
More low-income housing	1.0%
Other	10.9%

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